



Recipes using Honey

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Honeyed Fruit Cake

1 lb mixed dried fruit	2 eggs
6 oz clear honey	½ teaspoon bicarbonate of soda
9 oz self-raising flour	½ teaspoon ground black pepper
6 fluid oz home brewed honey beer	½ teaspoon ginger
4 oz butter	pinch salt

Bring fruit, honey, butter and beer to boil, simmer 15 minutes with lid on. Leave to cool.

Add half of the flour and mix well. Add eggs and mix well. Add remainder of flour with bicarbonate, black pepper, ginger and pinch of salt.

Mix well.

Bake in 7in or 8 in tin for 1½ – 2 hours at 325 F, 160 C, Gas Mark 3.